



MONDAY

Week 1 - Menu

BREAKFAST

Grilled Ham
 Pancakes
 Bacon
 Sausage
 Creamed Beef
 Grits
 Oatmeal
 Hash Browns
 Hot Biscuits
 Toast
 Eggs (Boiled, Fried, Omelet,
 Scrambled)
 Melted Butter w/Syrup
 Green Chili
 Breakfast Sandwich / Burrito

LUNCH

Chicken Noodle
 Chili
 Sweet and Spicy Tilapia
 BBQ Pulled Chicken Sandwich
 Cole Slaw
 Cajun Red Beans and Rice
 Wax Beans
 Steamed Carrots
 Assorted Rolls
 Cookies
 Cheese Cake

DINNER

Beef Ravioli
 Balsamic Roasted
 Broccoli
 Garlic Toast
 Cookies



TUESDAY

Week 1 - Menu

BREAKFAST

Turkey Bacon
French Toast
Bacon
Sausage
Creamed Beef
Grits
Oatmeal
Hash Browns
Hot Biscuits
Toast
Eggs (Boiled, Fried, Omelet,
Scrambled)
Melted Butter w/Syrup
Green Chili
Breakfast Sandwich / Burrito

LUNCH

Chicken Tortilla Soup
Chili
Rotisserie Chicken
Parmesan Tilapia
Meat Loaf
Mashed Potatoes
Brown Gravy
California Blend
Roasted Yellow Squash
Assorted Rolls
Spinach
Chocolate Cake
Cookies

DINNER

Lasagna with Meat
Garlic Toast
Green Beans
Cookies



WEDNESDAY

Week 1 - Menu

BREAKFAST

Corned Beef Hash
Pancakes
Bacon
Sausage
Creamed Beef
Grits
Oatmeal
Hash Browns
Hot Biscuits
Toast
Eggs (Boiled, Fried, Omelet,
Scrambled)
Melted Butter w/Syrup
Green Chili
Breakfast Sandwich / Burrito

LUNCH

Garden Vegetable Soup
Chili
Chicken Parmesan
Grilled Pork Chops
Parmesan Penne Pasta
Italian Blend Vegetables
Steamed Cauliflower

Assorted Dinner Rolls

Apple Pie
Cookies

DINNER

Stuffed Peppers
Mashed Potatoes
Peas

Brown Gravy

Cookies



THURSDAY

Week 1 - Menu

BREAKFAST

Turkey Sausage
French Toast
Bacon
Sausage
Creamed Beef
Grits
Oatmeal
Hash Browns
Hot Biscuits
Toast
Eggs (Boiled, Fried, Omelet,
Scrambled)
Melted Butter w/Syrup
Green Chili
Breakfast Sandwich / Burrito

LUNCH

Cream of Potato Soup
w/ bacon
Chili
Brown Sugar Teriyaki Grilled
Salmon
Rotisserie Chicken
Spaghetti w/Meat Sauce
Brown Rice Pilaf
Steamed Broccoli
Roasted Squash and Zucchini
Garlic Toast
Cheesecake
Cookies

DINNER

BBQ Pork Ribs
Calico Corn
Macaroni & Cheese
Corn Bread
Sugar Cookies



FRIDAY

Week 1 - Menu

BREAKFAST

Grilled Ham
Waffles
Bacon
Sausage
Creamed Beef
Grits
Oatmeal
Hash Browns
Hot Biscuits
Toast
Eggs (Boiled, Fried, Omelet,
Scrambled)
Melted Butter w/Syrup
Green Chili
Breakfast Sandwich / Burrito

LUNCH

New England Clam
Chowder
Chili
Cajun Tilapia
Homestyle Chicken
Pot Pie
Rosemary Potatoes
Green Beans
Calico Corn

Carrot Cake
Cookies

DINNER

Baked Fish
Steamed Brown Rice
Broccoli
Assorted Dinner Rolls

Cookies



SATURDAY

Week 1 - Menu

BREAKFAST

Scrambled Eggs
 Boiled Eggs
 Bacon
 Sausage
 Fried Potatoes
 Pancakes or French Toast
 Biscuits
 Assorted Breads for toast
 Oatmeal
 Breakfast Burrito

LUNCH

Turkey Tetrazzini
 Italian Blend Vegies
 Spinach
 Garlic Toast
 Soup of the Day
 Grilled Cheese
 Roast Beef & Cheese Sandwich
 French Fries
 Small Salad Bar

DINNER

GRAB & GO ITEMS

NO GRILL

SUNDAY

Week 1 - Menu

BREAKFAST

Scrambled Eggs
 Boiled Eggs
 Bacon
 Sausage
 Fried Potatoes
 Pancakes or French Toast
 Biscuits
 Assorted Breads for toast
 Oatmeal
 Breakfast Burrito

LUNCH

Chicken Chimichangas
 Spanish Rice
 Mexican Corn
 Refried Beans
 Soup of the Day
 Grilled Cheese
 Hamburgers & Cheese
 Turkey & Cheese Sandwich
 French Fries
 Small Salad Bar

DINNER

GRAB & GO ITEMS

MAIN LINE
 ITEMS



MONDAY

Week 2 - Menu

BREAKFAST

Grilled Ham
Pancakes
Bacon
Sausage
Creamed Beef
Grits
Oatmeal
Hash Browns
Hot Biscuits
Toast
Eggs (Boiled, Fried, Omelet,
Scrambled)
Melted Butter w/Syrup
Green Chili
Breakfast Sandwich / Burrito

LUNCH

Corn Chowder
Chili
Oriental Pepper Steak
Tuna Noodle Casserole
Steamed Rice
Braised Cabbage
Steamed Spinach

Egg Rolls

Cheesecake
Cookies

DINNER

Swedish Meatballs
Buttered Egg Noodles
Italian Blend Vegies

Cookies



TUESDAY

Week 2 - Menu

BREAKFAST

Turkey Bacon
French Toast
Bacon
Sausage
Creamed Beef
Grits
Oatmeal
Hash Browns
Hot Biscuits
Toast
Eggs (Boiled, Fried, Omelet,
Scrambled)
Melted Butter w/Syrup
Green Chili
Breakfast Sandwich / Burrito

LUNCH

Buffalo Chicken Soup
Chili
Rotisserie Chicken
Yankee Pot Roast
Mashed Potatoes
Peas w/Pearl Onions
California Blend Vegies
Assorted Dinner Rolls

Chocolate Cake
Cookies

DINNER

Savory Baked Chicken
Steamed White Rice
California Blend Vegies

Cookies



WEDNESDAY

Week 2 - Menu

BREAKFAST

Corned Beef Hash
Pancakes
Bacon
Sausage
Creamed Beef
Grits
Oatmeal
Hash Browns
Hot Biscuits
Toast
Eggs (Boiled, Fried, Omelet,
Scrambled)
Melted Butter w/Syrup
Green Chili
Breakfast Sandwich / Burrito

LUNCH

Tomato Bisque
Chili
Fried Chicken
Rotisserie Pork Loin
Mac & Cheese
Steamed Carrots
Collard Greens
Corn Bread
Steamed Brown Rice
Brown Gravy

Apple Pie
Cookies

DINNER

Stuffed Cabbage
Mashed Potatoes
Peas
Cookies



THURSDAY

Week 2 - Menu

BREAKFAST

Turkey Sausage
French Toast
Bacon
Sausage
Creamed Beef
Grits
Oatmeal
Hash Browns
Hot Biscuits
Toast
Eggs (Boiled, Fried, Omelet,
Scrambled)
Melted Butter w/Syrup
Green Chili
Breakfast Sandwich / Burrito

LUNCH

Chicken & Sausage Gumbo
Chili

Rotisserie Chicken
Beef Stroganoff
Lemon Garlic Tilapia
Egg Noodles
Succotash
Green Beans
Assorted Dinner Rolls

Cheesecake
Cookies

DINNER

Chicken Pot Pie
Roasted Squash

Sugar Cookies



FRIDAY

Week 2 - Menu

BREAKFAST

Grilled Ham
Waffles
Bacon
Sausage
Creamed Beef
Grits
Oatmeal
Hash Browns
Hot Biscuits
Toast
Eggs (Boiled, Fried, Omelet,
Scrambled)
Melted Butter w/Syrup
Green Chili
Breakfast Sandwich / Burrito

LUNCH

Cream of Broccoli
Chili
Potato Crusted Baked
Cod
Roast Turkey
Cornbread Dressing
Carrots
Mashed Potatoes
Balsamic Broccoli
Steamed Rice
Assorted Rolls
Carrot Cake
Cookies

DINNER

Chicken Stir Fry
Fried Rice
Stir Fry Vegetables
Egg Roll
Cookies



SATURDAY

Week 2 - Menu

BREAKFAST

Scrambled Eggs & Boiled Eggs
 Bacon & Sausage
 Fried Potatoes
 Pancakes or French Toast
 Biscuits
 Assorted Breads for Toast
 Oatmeal
 Breakfast Burrito

LUNCH

Cheese Torellini w/Marinar
 Italian Blend Vegies
 Yellow Squash
 Garlic Toast

 Grilled Cheese
 French Fries
 Roast Beef and Cheese Sandwich
 Soup of the Day
 Small Salad Bar

DINNER

GRAB & GO ITEMS

NO GRILL

SUNDAY

Week 2 - Menu

BREAKFAST

Scrambled Eggs
 Boiled Eggs
 Bacon
 Sausage
 Fried Potatoes
 Pancakes or French Toast
 Biscuits
 Assorted Breads for toast
 Oatmeal
 Breakfast Burrito

LUNCH

Salisbury Steak
 Red Skin Mashed
 Potatoes (Brown Gravy)

 Green Beans
 Hamburgers/Cheese
 Grilled Cheese
 French Fries
 Turkey & Cheese Sandwich
 Soup of the Day
 Small Salad Bar

DINNER

GRAB & GO ITEMS

MAIN LINE
 ITEMS