

## Removing the baby from the breast

Allow your baby to decide when he/she is done feeding. Your baby will usually fall off the breast as he/she falls asleep, often with milk drooling out the side of his/her mouth. If you need to end the feeding before he/she decides he/she is finished, don't try to pull him/her off. Instead, break the suction by putting your finger in the corner of his/her mouth to break the suction then gently remove the baby from the breast.

