



OTC Self Care Medications

Evans Army Community Hospital

Evans Army Community Hospital (EACH)
1650 Cochrane Circle
Fort Carson, Colorado

The EACH Outpatient Pharmacy is located on the hospital's ground floor. Soldier Family Care Center (SFCC) Pharmacy is located on the ground floor. Present Self Care Class card for OTC medications.

Evans Army Community Hospital offers a program entitled Self-Care. It provides Soldiers, their Family members and TRICARE Beneficiaries access to over-the-counter medications. Cold and flu remedies, pain relievers and basic care medications are available simply by presenting your Self Care Class card and filling out a request form at Evans Army Community Hospital pharmacies.

To get a Self Care Class card, beneficiaries may either attend a 30 minute class offered every third Wednesday of each month at 1 pm. in EACH, room 2513-2519, Cochrane Hall, or they may go online at the below link, complete last page of class, print, sign, & give to the Pharmacy for a Self-Care Card.

Self Care Program cards from other military treatment facilities are also honored.

http://www.evans.amedd.army.mil/PM/Self-Care_Program_Online_Presentation.pdf