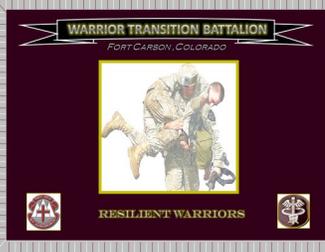


Resilient Warrior Source

October 2013

Volume 1, Issue 1



Commander's Corner

A basic tenet of our battalion is if the Soldier is injured - so is the Family. Families are not just a part of the Ft. Carson Warrior Transition Battalion - they are members. I want to ensure that our Family members feel comfortable coming to the WTB at any time. As an effort to opening up communication and building strong relationships is our upcoming Fireside Chat scheduled for October 17th. Initially I felt that we could accomplish this through our quarterly battalion level town halls but we've realized that this just isn't enough. We need more one on one communication with our families.

This gathering will be hosted by myself and CSM Lawrence. Our intent is to give you, our families, the same brief and a walking tour of the WTB footprint as we do for any Senator or General Officer that would come through.

We want to illustrate to you all of the resources we have available to assist you and your Soldier in achieving a positive transition. Our goal is through increasing your exposure and knowledge of our programs, embedded personnel, and getting to know our cadre on a personal level, together, we will achieve a better, more efficient outcome for everyone.

So Families - I want you at our adaptive reconditioning sessions, our outreach programs, and any other event we have at the battalion. You are welcome to attend anything and everything you choose. With that said, I NEED you to participate at our Focused Transition Reviews. This is where you help our interdisciplinary team review and assesses all aspects of the recovery and rehabilitation plan we have tailor built for your Soldier.

With your input and assistance - we can only improve our ability to support your Soldier and ensure he or she receives the best possible care and transition.

I thank you ahead of time for your time and participation and I look forward to seeing you on October 17th.



LTC Aaron Termain

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Trunk-or-Treat
at the
SFAC
October 24th

See photo page 2



The Warrior Transition Battalion

Cordially Invites you to Attend the

Family Fireside Chat

Transition is a Family experience. Come be a part of the progress.

17 October 13

930 - 1130 AM @ Battalion HQ Bldg 7195

Child care is available. For more information or to RSVP, please contact Brook Carrion at 719-526-0359 or brook.l.carrion@us.army.mil. Childcare RSVP must be made by 7 Oct.



SUPPORT THE WTB

Candy Drive

Please donate a bag of candy for the Battalion Trunk-or-Treat on Oct. 24th at the SFAC

Candy will be collected in your company. It will be weighed on October 22nd at 13:00. Points will be awarded during Commander's Stakes for the most candy. Thank you for your support of this battalion event!

Unit POCs

HHC – SFC Felton
Alpha Co. - SSG Stewart
Bravo Co.- SFC Root

For more information, please contact Charlotte Spencer at 526-9350.



Presented by WTB

Trunk or Treat @the SFAC

Thursday 24th
Oct. 5-8pm

- ✦ Decorate your trunk for the "Spooky Trunk" Competition.
- ✦ Bring the kids in costume for trick-or-treating.
- ✦ Chili Cook-off! Earn 'braggin' rights and points for Commander Stakes
- ✦ Enjoy refreshments.
- ✦ Decorate a pumpkin! Take a pumpkin home!
- ✦ It's The Great Pumpkin, Charlie Brown, on video.
- ✦ Vehicles must be in place and decorated by 4:30 p.m.

For more information contact, Charlotte Spencer at 526-9350.

Save the Date

October is Adopt a Shelter Dog month

October 5th - BOSS trip to Denver Art Museum. FREE. Call 524-2677 to sign up.

October 4th-6th - Basic Photography and Photo Editing Workshop. Little or no experience needed. See BN S3 for more information.

October 1st-11th - Application period for Red Cross Dental Assistant Training Program. See more info Page 6.

October 1st- 25th - Application period for Santa's Workshop. See your CFNCO, SSG Henderson from HHC for more information.

October 11th - Red Cross Disaster Service Training. See more info page 6.

October 11th - BOSS trip to Lake George for Horseback Riding. For info call 524-2677.

October 12th - Joint Forces Retiree Appreciation Day at McMahon Auditorium and Special Events Center.

October 12th - Ski and Snowboard Expo at Outdoor Rec, bldg 2429, 10 a.m.-3:00 p.m. Swap your old equipment or buy a season pass. Questions? Call 526-3907.

October 14th - Columbus Day

October 15th-18th - Seasonal Influenza Vaccination for beneficiaries aged 6 months and older, 11 a.m. - 5 p.m. at the SEC.

October 17th - Fireside Chat - First ever Family Member Orientation.

October 18th - Girl's Night Out, 6-10 p.m. at the Foxhole. Questions? Call 526-1867



October 19th - Seasonal Influenza Vaccination for beneficiaries aged 6 months and older, 10 a.m. - 2 p.m. at the SEC.

October 22nd-25th - Seasonal Influenza Vaccination for beneficiaries aged 6 months and older, 11 a.m. - 5 p.m. at the SEC.

October 24th - Trunk-or-Treat at the SFAC (see flyer this page)

October 25th - Zombie Dash at Iron Horse Physical Fitness Center. 6:30 -8:30 p.m. Call 526-2706

October 26th - Red Cross CPR/First Aid/ AED class. Call 526-2311 for info.

October 21st-26th - National Prescription Drug Take-Back week. See more info on Page 6.

October 26th - Fort Carson Make A Difference Day. Help clean up Iron Horse Park, Dog Park, BBC Military Housing common area, Storm Drainage clean up by the fence line of Gate 1 to Gate 4. BYOR (Bring Your Own Rake)! Questions? Call 526-1082.

October 29th - Halloween Trick or Treat Climb, open to kids ages 5-12, cost is \$1 per child, several time slots available. Wear your costume and climb for candy. Questions? Call 526-3907.

October 31st—Happy Halloween!

November 1st - Army vs. Air Force Pep Rally at the Hub!

November 1st-3rd—Military Suicide Survivor Good Grief Camp. Give back to our Fallen Heroes and their families. Questions? Call 800-959-8277

From Passion to Legalism by Chaplain Alfred Matthews

Passion is a great thing to have, especially when it leads us into community with one another. But what I have found is that the very thing that we are passionate about can also be our undoing. A few weeks ago I read an article that brought to light how even the slightest good thing can become a stumbling block in our relationships, which rears its head as legalism. Here are the words from Margaret Manning, with Ravi Zacharias International Ministries:

“Why is it that human beings become legalists regardless of the rules involved? The desire to have clear boundaries, and a concern for decency and order to guide communities, is both necessary and prudent. Yet somehow rules meant to offer shape for community living often grow into gods we come to worship—gods who serve as judge and jury for all who fall short of their dictates. Clear boundaries become walls of separation dividing human relationships and community, and the enforcers quickly draw lines around the righteous and the unrighteous. Legalism prompts one to declare her “virtue” as the clearly superior standard.

Perhaps humans find it easier to love legalities because it is easier than loving people. People are inconsistent and imperfect, and are more easily controlled and confined by rules. Jesus, in his life and ministry, frequently shattered these easy definitions put in place by those legalists in his day. He upended expectations and eluded the tightly drawn categories of those who sought to control him. He often kept company with those deemed unrighteous—prostitutes, tax collectors, and others called sinners—and he earned the label of “glutton and a drunkard” by those whose laws drew clear boundaries around appropriate company. For those who had clear rules about the Messiah of Israel, Jesus eschewed political power and stood silently before those who would eventually order his crucifixion. And for those who wanted a “rebel” Jesus, wholly antinomian and defying every convention, he answered by challenging his followers towards a righteousness that exceeded that of the most religious-of-the-religious in his day. In his own words he told those who would follow him that he did not come to abolish the law, but to fulfill it.

Far from being a measure for establishing self-righteousness or from creating a new legalism for his followers, Jesus fulfilled the law by revealing its true intention. He showed the true intention of the Sabbath law for rest on the seventh day not by enforcing rest rigidly but by healing those who were diseased, broken, and therefore kept separate from their communities. The rest God intended for humanity was expressed not in the rule of non-work per se, but in the spirit of good for all in need of reconciliation. Fulfilling the law, he restored relationships and opened the door for transformation; he reconciled persons to one another and to God.

Indeed, when he was questioned about the greatest commandment Jesus replied, “You shall love the Lord your God with all your heart, and with all your soul, and with all your mind. And a second is like it: you shall love your neighbor as yourself. On these two commandments depend all the law and the prophets.” Jesus understood that the ground of the law was a love for God and a love for persons. To replace the love of persons with a love of the rules missed the point. Loving the rules for rules’ sake engenders self-love; loving God engenders love for others.

As legalists of many stripes, we often prefer to apply our community rules broadly and widely as a function of our self-love. But in the idolatry of legalism and the attempt to prove self-righteousness, we ironically depict a truth spoken long ago: The letter kills but the Spirit gives life.”

(1) Matthew 22:34-40; Mark 12:28-34; Luke 10:25-28.

In all things may we keep love in relationship, as our focus, as we seek to embrace the mystery in community instead of rules that sterilize our fear of being known in loving intimacy. On the 17th of October there will be our first “Fireside Chat” in our Family Members Orientation. This can be a great way to live life together in embracing community as a family. I hope to see you there.



Military Suicide Survivor Good Grief Camp

~~~Be a Hero to a child who lost theirs November 1-3, 2013 ~~~

TAPS (Tragedy Assistance Program for Survivors) has a volunteer opportunity for you! We need a few good Service Men and Women to volunteer as a big brother/big sister at our annual Military Suicide Survivor Good Grief Camp. TAPS, a non-profit organization that began in 1994, provides immediate and long-term support and care to all of our Families of our Nation's Fallen Heroes. This specific event is for those who have lost a loved one by suicide. What makes our camps unique are the Soldiers, Marines, Sailors, and Airmen that will volunteer to mentor the child or younger sibling of a Service member who made the ultimate sacrifice – giving their life for this Country.

**Your Role:** You will be matched up with a child who has lost a loved one in the military. The kiddos are 4-19 years old but you can pick the age group with which you prefer to work. Each age group will be led by an experienced and trained grief facilitator. You will not need to lead or be responsible for any activities...only connecting with the child you are assigned and following the lead of your group facilitator(s).

This 2 day experience will be filled with traditional and military themed camp activities, as well as grief education and emotional support. Campers will be comforted knowing that there are other children who understand exactly what they are feeling and experiencing and will also have an opportunity to memorialize their loved ones. The children learn coping skills, develop friendships and support systems that will last long after camp is complete.

### **Mentor Schedule:**

Mandatory Training Friday, 1 Nov 18:00-21:00  
Good Grief Camp Saturday, 2 Nov 0730 – 2130 and Sunday, 3 Nov 0830 - 1830

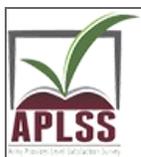
For more information and to register as a mentor, visit [www.taps.org](http://www.taps.org) and click on the National Military Suicide Survivor Seminar under the Events tab to register as a Good Grief Camp Mentor! Questions – please contact 800-959-8277 or [mentors@taps.org](mailto:mentors@taps.org).

## Community Service Announcements



**HAVE YOU LIKED THE WTB'S FACEBOOK PAGE?** If not I would like to extend a personal invitation to do so. I have posted future opportunities extending through the end of the year under the EVENTS tab and I will continue to add more as I am made aware of them. You can also find photo albums of Alpha Company Soldiers each week, photos of WTB Soldiers attending the Broncos training camp, outreach opportunities, adaptive sports competitions and sign-up deadlines. Like our page at [www.facebook.com/FtCarsonWTB](http://www.facebook.com/FtCarsonWTB) today!

**PRESCRIPTION TAKE BACK OFFER:** The Drug Enforcement Administration has scheduled a National Prescription Drug Take-Back Week which will take place October 21-26. This is an opportunity for those who missed the previous events, or who have subsequently accumulated unwanted, unused prescription drugs, to safely dispose of those medications. In the six previous Take-Back events, the DEA, in conjunction with state, local and tribal law enforcement partners, more than 2.8 million pounds or 1,409 tons of prescription medications have been removed from circulation. The National Prescription Drug Take-Back Week aims to provide a safe, convenient and responsible means of disposal, while also educating the general public about the potential for abuse of these medications. Evans Army Community Hospital will post two collection boxes daily Monday-Friday from 8 a.m. to 4 p.m. outside the Main Hospital Pharmacy and the SFCC Pharmacy. A collection box will also be available at the Exchange and the Commissary from 10:00 a.m. - 2:00 p.m. on October 26th.



**YOU CAN MAKE A DIFFERENCE, SUBMIT YOUR APLSS!** Want to help minimize the impact of budget cuts on your medical care? Fill out and return the Army Provider Level Satisfaction Surveys you receive in the mail after your appointments. Evans hospital gets **funding** based on **patients seen AND customer satisfaction**. Positive surveys returned can bring in **up to \$800 each!** Help keep your providers and keep departments and clinics fully functional. PLEASE take the time to respond to your APLSS surveys. Questions? Call (719) 526-7256. Video: [http://www.evans.amedd.army.mil/PAO/videos/APLSS\\_2013\\_web.wmv](http://www.evans.amedd.army.mil/PAO/videos/APLSS_2013_web.wmv).

**RED CROSS OFFERS DENTAL ASSISTANT TRAINING PROGRAM:** The next session of the American Red Cross Dental Assistant Training Program begins January 2014. Participants must be 18 years of age; a military sponsored ID card holder; a U.S. citizen and have a valid high school diploma or GED to be eligible for the program. Applications will be available at the Red Cross office beginning October 1st and must be completed and returned by the deadline date of October 11th at 4:30 p.m.; no late applications will be accepted. Due to the chemicals and x-rays students may be exposed to through the course, women who are pregnant may not be considered for this program (per Dental Clinic policy). All completed applications must be returned to the Red Cross Office at EACH in room 1033. The program consists of six months of classroom and clinical experience. Hours are scheduled roughly 7:30 a.m. to 4:30 p.m. Monday -



**THE MILITARY CHILD EDUCATION COALITION (MCEC)** is pleased to announce that another no-cost training opportunity has been planned in Colorado; a Living in the New Normal Practicum on October 14th, 2013 in Colorado Springs. MCEC is a 501(c)(3) non-profit, world-wide organization, and it performs research, develops resources, conducts professional institutes and conferences, and develops and publishes resources for all constituencies. It is focused on ensuring quality educational opportunities for all military children affected by mobility, family separation, and transition. The trainings will be held at the Embassy Suites Hotels, 7290 Commerce Center Drive, Colorado Springs, CO 80919. The event is open for registration on MCEC's website [www.militarychild.org](http://www.militarychild.org).

**MOUNTAIN POST SANTAS WORKSHOP** supports the Soldiers and Families of Fort Carson during the holiday season. Its purpose is to help make it possible for every Soldier on Fort Carson to provide for their children this holiday season. Soldiers with eligible children ages 6 months to 12 years old, as of December 25, 2013 can sign up for the program. Qualification for receiving toys is not rank or income based, rather it is based on financial need; however you must be stationed at Fort Carson to qualify. Applications are available through the Command Financial NCO (CFNCO) and are due by October 26th. Please contact SSG Henderson at 719-238-2133 BEFORE October 24th to verify eligibility and begin the application process. If you're interested in helping Fort Carson Soldiers and Families, there are many ways to help. You can "adopt a child" by making a \$35 donation, donating an unwrapped toy at any of the drop off locations, or supporting one of the many fundraisers. Donations can be made online at [www.mountainpostsantasworkshop.com](http://www.mountainpostsantasworkshop.com) by clicking on the "Donate" button. If you would rather give the gift of time, go to the website and click on the volunteer link to become an "elf".



**RED CROSS UPCOMING CLASSES:** An emergency can happen at any time and anywhere, be prepared! Upcoming **CPR/First Aid/AED** classes on Fort Carson will be held **Saturday, October 26th**; and **Saturday, November 16th**. Military discounts offered! Call the Fort Carson office for details on the promotion code offer. American Red Cross is located at 1675 Ellis Street bldg 1217 or Evans Army Community Hospital (EACH) room 1033; Phone 719-526-2311 / 526-7144.

**READY WHEN THE TIME COMES DISASTER SERVICE TRAINING;** During a disaster trained volunteers are needed to provide food, shelter, and comfort for Families affected by major disasters such as fire, hurricanes and tornadoes. Sign up today to become a volunteer hero to your community! This training is **FREE** and is being offered **Friday, October 11th**. Please call 719-526-2311 / 526-7144 for more informa-

**COMMISSARY AVAILABILITY** The Commissary wants everyone to know the furlough is over and they are once again **open on Mondays**. Early bird hours are 7:00 - 9:00 a.m. and regular hours are 9:00 a.m. to 8:00 p.m. Monday through Friday. Saturday hours are 8:00 a.m. to 8:00 p.m. and Sunday hours are 8:00 a.m. to 6:00 p.m. Your Fort Carson commissary offers the following services: ATM, bakery, custom photo cakes, deli, fresh sandwiches to go, party cakes, plants, rotisserie chicken and a sushi bar.

