Pediatric Clinic
PATIENT VISIT DOCUMENTATION

MEDICATIONS NEEDED AT SCHOOL OR DAY CARE

Name of Patient: _____

Diagnosis _____

Medication name: _____ Dosage: _____

When to give medication at school or day care: _____

Possible side effects: _____

METERED DOSE INHALERS FOR ASTHMA

☐ Albuterol (Proventil): ☐ 2 puffs as needed for cough or wheezing
☐ 2 puffs 20 minutes prior to exercise
☐ 2 puffs at _____

☐ Cromolyn sodium (Intal): ☐ 2 puffs at _____
☐ Inhaled Steroids (Flovent, Pulmicort, Azmacort, Vanceril): ☐ 2 puffs at _____
☐ Student may carry and use MDI at school. Physicians Initials: _____

This medication is to be used to treat symptoms due to bronchospasm associated with reactive airways or asthma. These symptoms usually include cough, wheezing, shortness of breath, and chest tightness. These symptoms are often caused or aggravated by exercise or cold weather.

The student has been instructed in the use of the inhaler, and advised that it should be used up to every four hours as needed for the symptoms described above. The medication may also be needed 20-30 minutes before exercise if the student is prone to exercise-related symptoms.

Need for the inhaler more than every four hours suggests that the medication is failing to achieve the desired effectiveness, and should be reported to the physician. Frequent use is, nonetheless, safer than allowing symptoms to progress.

Parent's Signature: _____

Please call 526-7653 if you have any questions. Thank you.

Physician's Signature: _____ Date: _____

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526-7653